



Caloundra Football Club

RE: Return To Football Guidelines

To all our parents and players

No doubt the 2020 season is going to be etched in everyones' mind for many years, we have all faced extremely difficult challenges but luckily and through all the hard work, we are nearly ready to kick the first ball for the season.

It is very important we continue to follow the guidelines and advice from Qld Heath and our own Football QLD.

We have divided the fields to ensure the club complies with the 20 per area (giving our players over 150 square meters per player) far more than the advised rules, but we are lucky to have so many fields!!!

We have setup entry points and exit points to all fields, with sanitizers at each point!!

The rules are simple:

- 1) IF you show flu like symptoms, **STAY AWAY!!!**
- 2) Arrive no earlier than 15 minutes before your training
- 3) Come dressed ready to train....**BRING** your water bottle (**NO SHARING**).
- 4) Parents **MUST** stay in the car, if staying in the carpark area (keep 1.5mtr social distance from other parents).
- 5) Players must Enter the field from the Entry Point....Marked **ENTRY**
- 6) No shaking hands, high five
- 7) **NO SPITTING**
- 8) **NO Bibs, NO swapping shirts**
- 9) Training for the next couple of weeks will be isolated football drills designed by Mack Smith for Caloundra FC
- 10) Exit the fields through the **EXIT** Point, use sanitizer, do not hang around facility.

Come ready to train, train hard keeping safe distance, keep personal hygiene and go straight home when finished.

This will help QLD continue with the great work and ensure we can ease the restrictions further.

The football season has been extended to finish late November, giving us all a complete season of football.

I want to take this opportunity to thank all the parents, players, coaches and volunteers for their amazing effort in keeping Qld and Caloundra FC safe,

Lets make 2020 a memorable season for all the right reasons!!!

See you around the field

Nic Basile
Caloundra FC President

